

**Sermon Notes for September 21<sup>st</sup> 2025**

Series: **“Understanding the Sacraments”**

Message: **“What’s in a Meal?”**

Sermon Text: **John 6:35-40; 53-58**; Old Testament Text: **Jeremiah 31:31-34**; New Testament Text: **1 Corinthians 5:6-8**. Read **John 6:35-40; 53-58 (below)** as you listen to the sermon, then answer the questions below.

**John 6:35-40; 53-58:** Jesus said to them, “I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst. <sup>36</sup> But I said to you that you have seen me and yet do not believe. <sup>37</sup> All that the Father gives me will come to me, and whoever comes to me I will never cast out. <sup>38</sup> For I have come down from heaven, not to do my own will but the will of him who sent me. <sup>39</sup> And this is the will of him who sent me, that I should lose nothing of all that he has given me, but raise it up on the last day. <sup>40</sup> For this is the will of my Father, that everyone who looks on the Son and believes in him should have eternal life, and I will raise him up on the last day.”

<sup>53</sup> So Jesus said to them, “Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. <sup>54</sup> Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day. <sup>55</sup> For my flesh is true food, and my blood is true drink. <sup>56</sup> Whoever feeds on my flesh and drinks my blood abides in me, and I in him. <sup>57</sup> As the living Father sent me, and I live because of the Father, so whoever feeds on me, he also will live because of me. <sup>58</sup> This is the bread that came down from heaven, not like the bread the fathers ate, and died. Whoever feeds on this bread will live forever.”

1. In **John 6:35**, did Jesus really mean that people who came to Him would never again be hungry or thirsty?

What did Jesus mean by that statement?

2. In **John 6:36**, what does Jesus mean when He says, “*you have seen me and yet do not believe?*”
3. In **John 6:37**, it doesn’t tell us directly, but how do you think God will bring people to Jesus?

What does Jesus promise to those *who come to Him*?

4. In **John 6:38**, what does Jesus reveal as His purpose *for coming down from heaven*?

5. According to **John 6:39**, what is God the Father's will for His Son?
6. According to **John 6:40**, what does God require for us to be secure in our salvation?
7. In **John 6:53-58**, to what is Jesus alluding when He talks of *eating the flesh of the Son of Man and drinking his blood*?
8. As you read through **John 6:53-58**, what new truths about Holy Communion do you discover?
9. In **John 6:58**, what was Jesus referring to when he mentioned *the bread the fathers ate*?
10. What will you remember most from this message?